



# Autumn Fall Hazards

No the title isn't redundant...there are a lot of fall hazards that occur in the autumn...actually there are fall hazards all year round, but this article will focus on autumn hazards.

When Autumn arrives and the weather gets wet and cold, the likelihood of a fall increases.

It is your responsibility to consider the weather conditions, as well as where you are walking, and take any "steps necessary to avoid an accident."

Take extra precautions if the path ahead is wet or covered with snow, ice, or leaves.

- Alter your pace by slowing down and taking shorter steps.
- Walk around areas that look slippery, wet, or glazed over.
- Make sure you have appropriate footwear.
  - Employees who work outdoors during cold and wet weather, may want to consider wearing insulated, weather resistant shoes or boots with slip-resistant soles.
  - Employees who work indoors may want to consider wearing shoes or boots with slip-resistant soles and carrying their "office" shoes with them, or wearing overshoes. High heels can be unsafe at any time but are especially so during inclement weather.
- Make wide turns at corners.
- "Walk It First" before carrying equipment or ladders to a job site to identify problem areas.
- Wipe your feet and shake off excess water from clothing and umbrellas BEFORE entering a building.

*Giving yourself extra time during inclement weather and following a few simple precautions can help prevent an accident.*